

VRI-Håndbold 2024/25 træningsplan

2024-25	Mandag				Tirsdag					Onsdag					Torsdag					Fredag					Lørdag											
	Hal A	Hal C	Egaa Gym	Hal E	Hal A	Hal B	Hal C	Egaa Gym	Hal E	Hal A	Hal B	Hal C	Ellevangskolen	Hal E	Hal A	Hal B	Hal C	Hal E	Hal A	Hal B	Hal C	Hal E	Hal A	Hal B	Hal C	Hal E	Hal A	Hal B	Hal C	Hal E						
15:00										U9 D+P									U9 D	U9 P																
15:15																																				
15:30					U11P	U11D	U11P+D																													
15:45																																				
16:00										Specialstars			FRI		U13P	U13D																				
16:15																																				
16:30							U13d1-3			U13P													U15P+D	U11D	U11P	U11P+D										
16:45					U13D	U13P	U13P			U13P																										
17:00																																				
17:15									U15P+D						U15D	U15P	U13D	U13D																		
17:30																																				
17:45																			U17D+P	disp	disp	disp														
18:00					U15p	U15D			Senior																											
18:15																																				
18:30															U17D1-2	U17P 1-2 (senior?)		Senior																		
18:45																																				
19:00																																				
19:15					Senior	U19D	Senior						Disp					Senior																		
19:30																																				
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	Mandag				Tirsdag					Onsdag				Torsdag																		Lørdag				
	Skæring		Arena		Skæringhal	HEI-hal	Arena			Skæringhal	Fr. Berg			Stadionhal	Skæring	Arena															Skæringhal	HEI-hal				
	U17P 1-2		AH-D19, 1-2				AH-D19, 1-2																												U17D1-2	
	U17D1-2																																			
	AH-P19, 1-2																																			